

Introduction

To you beloved Fellow Seeker

Dear Bright and Beautiful Being of Light,

I hesitate to add my own words to the precious writings of Emma, but I would share with you the reason for starting this compilation. You may also have been searching, as I have, for something you could not define. It was just a search for “something more,” something to feed my soul. I found it in the works of Emma Curtis Hopkins.

These lessons cannot be taught. They can only be appropriated by each of us, for they guide us to our own Inner Teacher, who alone can fill our deepest desire.

Emma Curtis Hopkins divides all her teachings into *Twelve Gates*. The first six chapters address the search for our individual union with God. Chapters number seven through twelve teach a path of mystical and cosmic ministry of service to all humanity. Mrs. Hopkins’ last book and masterpiece, *High Mysticism*, crowns her teachings with a magnificent finale. She started it in 1907 as separate study publications, and wrote the book, as we know it, between 1920 and 1922.

High Mysticism and *Résumé*, are Emma Curtis Hopkins’ teachings of Mystical Science. They may be too involved for today’s reader, hence a compilation, or synopsis, if you wish, of the essence of the teachings is offered in *Highwatch, The Mysticism of Emma Curtis Hopkins*. Some of the language and sentence structure has been updated for easier reading.

The *Highwatch* textbook contains a two-week rotation of a daily focus as suggested by Mrs. Hopkins. The two treatments which frame the lessons - *The Radiant I Am* - and *Self Treatment* - are powerful transformational tools which sum up the twelve lessons.

This workbook is by no means intended to replace the original works, but may whet the appetite of the student to enter more deeply into the study of Emma’s writings.

My intention is to encourage you, dear fellow seeker, to listen to your own recording of one *Highwatch* chapter daily. You may choose to record the words in your own voice - a very powerful experience - just make a cassette or CD for yourself. Sometimes the words do not seem logical, and appear to be elusive to the intellect, but they go directly to a



deeper place within us and begin a slow, but sure process of transformation. I absolutely *know* this to be true from my own experiences with this method, which has become a way of life.

Dear friend, as you recognize yourself as a Being of Light, and a Minister of the *Highwatch*, please share your experiences with us. Our work is a ministry without walls, led and directed by the Holy Spirit only. All connections between students are established via e-mail and over the Internet. We would love to hear from you and encourage you to seek each other.

Some of the works of Emma Curtis Hopkins are still missing, please help us to recover all of them. If you do have access to any articles or lessons in any language, we would be so honored to add them to the existing collection. Please visit our web site: www.highwatch.net.

In deepest gratitude to the ONE,
Ute Maria

