

Healing Drops.

What one dwells on the most, that he becomes. We are good or evil, sick or well, in proportion as these conditions occupy our thoughts.—*H. P. Smith.*

Matter is never in its right place till it vanishes, leaving only the sweet odors of spirit.—*Jacques.*

The profoundest teachings of Oriental philosophy are based on the eternal truth, that all our sense-perceptions are an illusion.—*Evans.*

"He beholdeth all there is," and, "He beholdeth not iniquity."—Then there is none for him to behold. Blessed reasoning, that lifts us out of pain and sorrow.—*Hopkins.*

Clasp tightly the little truth you have, and close your ears to the babbling of the crowd.—*Berry.*

"I know not where His islands lift
Their fronded palms in air.
I only know I cannot drift
Beyond His love and care."

All the fullness, all the possibilities of this creation belong to us when we are in harmony, and it cannot be taken from us. "All things are yours and ye are God's."—*N. B. Hughes.*

God pities our woes with the love of a Father for his child—not by becoming human, and knowing sin, or naught, but by removing our knowledge of what is not. He could not destroy our woes totally if He possessed any knowledge of them. His sympathy is divine, not human.—*Eddy.*

Hopkins Metaphysical Association.

The regular monthly meeting of the Hopkins Metaphysical Association was held July 31, 1888, at the C. S. Bureau Rooms, McVicker's Building. Meeting was called to order by the President, who prefaced the usual silent prayer by the following words:

"If it were not for apprehension and fearfulness, we should never be weak or sickly or unhappy. The mortal quivers with terror lest health fail, misfortune overtake, or friends desert. We can hardly find, however, a single mind steadfastly willing to take the scientific and true way to boldness and fearlessness."

What is the scientific way? even the scientists are asking. Why, "pray as if you had already" been set free from fear. How is that? Say vehemently, "I am not afraid." Did you ever hear how the ancients tried to teach the people to be fearless and strong and satisfied?

They did not seem to love the Origin or Principle upon which the practical working rested, but they taught that the very air is charged with an etheric substance which no sense can fix, describe or experience. It is like plastic wax to the strong vehement thought, and will come back to whoever speaks a strong thought.

"Put away your old fears and stand free to receive your inheritance of strength and power," they urged.

Now science explains that this putting away meant denial. The Western mind revolts at denial. But Oh! the sweet freedom that comes with earnest denial! Let us set aside our positive prejudice and be true to true science for a few minutes. Let us unite in silent prayer to set us forevermore free from wrong.

and evil. Say with me in the silence, these words:

I am not afraid that anything wrong or evil will enter into my life from henceforth forevermore.
I am not afraid that my health will fail me.
I am not afraid that my strength will leave me.
I am not afraid that my peace will be disturbed, from henceforth forevermore.

"I will fear no evil, for Thou art with me." Amen.

Mrs. Stacy, our usual leader in singing being absent, that part of our exercises was conducted by Mrs. N. B. Hughes, who at the suggestion of the president led the members in the hymn, "All hail the power of Jesus' name." It was sung with much feeling after the relation of an anecdote by Mrs. Hopkins about an army, that, after a long, hard march were tired and discouraged, when the band commenced to play this dear old hymn. In a minute they were changed and moved on to victory with renewed courage and strength, inspired by the familiar hymn.

The reading of minutes of June meeting followed; were approved and accepted. President introduced Rev. W. W. Clayton, of Lansing, Mich., who favored the meeting with a pleasing little talk upon the two phases of science, the theoretical and practical.

Mrs. Hughes had been out in the field teaching and told some of her experiences. She found that people outside had very few right and true ideas concerning Christian Science. She thought we had as yet not the remotest idea of the power of mind. Mr. A. S. Fields told of some of his experiences in healing in St. Joseph, Mich.

The regular monthly lecture by the President before the association, was as follows, as nearly as possible to report at this date:

It is very plain that not much talk on the part of Christian Scientists, is the wise plan of action now. Silence and silent work to prove the power of the science, and our sincere interest in it, we must maintain.

There are intense feelings stirring all classes of minds—intense feelings which spoken words would betray, and hurt others if uttered. The silence allays them. The silence brings judgment to administer upon them. The silence moves wisdom to utter right and potent words, quite unlike the passions of grief, anger, disappointment, resentment, that choked us before.

So many people are grieved—so many are disappointed—so many are angered. These are faculties undirected. They are good signs. They are energies you ought to harness like servants to your bidding. Take anger that shakes you like a reed in the wind. In the heat of your anger, treat some sluggish paralytic. See! You are not angry at him; you are angry at your companion or friend, or one who has wronged you, and so the excitement is stirring and quickening of functions to him, the innocent. You soon forget the anger you felt at the friend in your strength of silent treatment.

O the enfeebling prostration of disappointed hopes! How can you treat to help others you think, when you are in despair yourself? How out of paralysis of judgment raise wise words?

You are greater than disappointment. Did not you know that? Rise in the silence, like a bold, young lion, and cry vehemently over the silent airs, that you are greater than your circumstances and greater than your disappointment. Say these words till you warm to new life, and new hope, and new

judgment. There is another way. If you can sleep when you are disappointed, the disappointment will go past your door, and in the silence of sleep the Law will write the cheering word upon your heart.

We must prove ourselves greater than mortal mind and all its conditions and circumstances. What good is it to be really greater if we do not *prove* it? Do not let us *talk* the science for a while. Let us *be* scientific.

You are puzzling over three questions just now:

1. What does it mean to take no thought of what we shall eat or drink, when Jesus himself fasted forty days, and the wise men of Scripture fasted oft and dieted to suit occasions?

2. How is the science consistent when in one breath it tells us we can have nothing to ourselves, and in the next breath tells us we can have the desire of our hearts?

3. When we do not know exactly what course to pursue, how can we be sure it is the true or false self that urges us into doing a certain way?

These are very good questions and cover a great deal of ground.

First.—*What does it mean to take no thought, etc.?* The apparently contradictory nature of word and action here is the divinest harmony to the true scientist. You certainly must not take the least bit of care about what you eat, drink or wear, and yet you are to eat, drink and dress always properly.

Cast all your care—that is, let this Friend so close by you take the care on His own shoulders. Go you about healing in His name, teaching the truth as far as you know it; preaching silently or audibly, as judgment dictates, all about the glory and beauty and blessedness of Spiritual Reality.

“Seek ye first the kingdom of God and His righteousness, and all these things shall be added.” That is, if you are dealing with spiritual doc-

trines, the material movements and things will set themselves right. (You are not to set the material things and movements right in order to be spiritual, but you are to be spiritual in order to set material things right.)

If you are spiritually minded you will often fast many days and not realize it. You do not fast in order to be spiritual, but fast because you are spiritual. Fasting in order to be spiritual, weakens you. It is a taking thought for the body that is forbidden. But fasting that you do when you are already spiritual, strengthens and invigorates you.

You have meat to eat during those hours that the world knows not of. Jesus fasted because he became spiritual as a reward for preaching and teaching Truth. So did the wise men. Then he ate again after the fast. He took no care about it. The Law worked its own way through him and with him.

We must be spiritual by thinking and telling spiritual Truth. Then we shall find food, raiment and shelter provided and suited to us.

Second.—You ask how the science is consistent which tells us we can have nothing, and then says we can have all things? I find that I must scream, vehemently shout, or whisper mysteriously, or whatever way will impress upon you that nothing, nothing, *worse than nothing*, belongs to mortality. But *all things belong to the spiritual; or truly minded.*

Some are hounding me as if I originated the statement of Scripture, that the fulfillment of the desire of the heart belongs by right to every one of us. But I only read out of the Law, I do not originate. I did not discover it. Here is the text again which is the key to the whole question: “Seek ye first the kingdom . . . and all these things shall

be added." Renounce the world, the flesh and the devil. That is, deny their reality. Then spiritual powers and spiritual faculties, and spiritual supplies make you a new creature. Think what is orderly, true, divine. Speak of these things, teach them; then you will say to the mountains of sorrow, Be gone! and sorrows shall flee away. You shall say to desolation, "I am not desolate," and true companionship will come to you. You shall have more abundantly than you can ask or even think *after* you have become truly spiritual. Not till then. To the materially-minded nothing is promised. To the spiritually-minded all things are promised.

The desire you have this moment deep down in your heart you ought to have fulfilled. Being your own it ought to come to you.

"Rise the hills,
And swim the sea,
And like thy shadow
Fall on thee."

But it wont come till you are scientific—speak Truth.

It is very strange how our desires change when we become truthful. We set out with denying all the obstacles that keep us from getting our wishes. Barrier after barrier is removed by our denials. Then suddenly we take a new outlook. We would not have the thing we first asked for now. Our wishes lie along quite another channel. We see things from a more sensible standpoint. We finally get just what we desire. Not what we first asked for, but just what we have come to want. The first desire was a good thing to start off with. The last one to end up with. "We shall all be changed."

(Third.—You ask how to tell the true monition from the false one? Easy enough. Do that which seems just right, or what you seem driven to do and trust your choice. Trust that the Best, the Divine, guided you. Never mind how far away from the Right it seems. *Trust that it is Right.* Oh! how "you" do like to be trusted! That is, the "you" likes to be trusted by what seems to be you. Trust the Leading. It is the Divine of you. Fear not. Trust. Trust. Trust. Each hour of trusting "yourself" brings you out clearer and clearer as the off-spring of Wisdom. If I were as afraid as so many seem to be, I should be quite swamped, because so many condemn me for the bold moves I make. But I jump to a Leading, and let my best beloved cry out against it. Nobody is quite so wise concerning your own matters as yourself. Whatever you do while trying to do the best you can, you have a right to believe in the doing. I know this by experience. I know it by Law. I know it by inspiration.)

The business of the day followed. Miss Brady, of the membership committee, reported favorably upon the names presented for membership at June meeting. It was voted that they be made members and cordially welcomed.

Executive Committee reported that at the present juncture no outside work had better be attempted. Mrs. Talbot's resignation of the office of treasurer on account of prolonged absence, was reported by the secretary, and accepted with thanks for past services and regrets at withdrawal. Mrs. Sarah S. Kelting was elected to fill the vacancy.

Mrs. Hughes, of the Students' Aid Committee, reported having given aid to many. President spoke

of the need of all going to work somewhere, not sitting idly down. Chicago needs Science workers as much as outside cities. No one knows how much, or well, he or she can do until they try. Several who have gone out are doing well healing and teaching. One especially, an exceptionally quiet woman, is making quite a stir of interest in the Science. Remember, the race is not always to the swift, nor the battle to the strong. Small beginnings seem discouraging, but work for all you are worth and more will be given you.

Meeting adjourned to August 28th.

Ida A. Nichols, Secretary.

Led to Do This Work.

EDITOR.

"Go ye into all the world and preach the gospel, heal the sick." These were the words, several times repeated, that fell upon my ear, and sank deep into my heart while in the class-room two years ago. That was all I seemed to carry away with me of the beautiful lesson given us that day. Just before the lesson began, a clergyman had told the assembled class of wonderful healing done in his home by my teachers. He had taken a very thorough and practical course of instruction in medicine, (in England,) before studying for the ministry. He was amazed at the healing power that had been manifested in his family, when his experience told him his children were beyond aid.

He did not and could not understand, and was not able to accept the teachings of Christian Science, and concluded his speech by saying in an impressive manner, "I can preach the Gospel, but I cannot heal the sick." Can you wonder that a little later when the command came to me, I drew back and thought, "Who and what am I, that I should presume to do this work, if that man with his thorough training in two professions, his experience in both, cannot see the way to heal the sick as well as preach the Gospel, how can I, with my limited education, dulled by years of misuse and sickness, aspire to do both?" Four days this thought filled my mind, I was not able to put it aside even while in the class-room. Then when it seemed as if I could bear the conflict no longer, between the desire to drop the new way, from inability to do and be, and the impossibility not to go on, I took my Bible, with the thought, This will show me the way, and the verse which came to me was, "Blessed are they which do hunger and thirst after righteousness, for they shall be filled."

Peace filled my heart. No more disquiet over that question has come to me. I was hungry and thirsty for righteousness and as the need arose I should be filled. No necessity to strive for knowledge in the way of the world, foolish to waste time in regret that I had it not in greater measure; be up and doing, and bread and water of life would be given me for self and those I must minister to.

Since that day I have not looked back. I grew slowly into the consciousness of Truth, for I had much to overcome, but I soon began to try to do for others. Gently have I been led on until a leading has come to me that I cannot set aside any more than I could that first command, "Go ye into all the world and preach the gospel, heal the sick." Little did I then think that I should be the instrument for so widely spreading the Truth that sets free, even "To all the world I must carry it."

Dear brother and sister scientists, I ask your help and co-operation, not for myself, but for yourselves and all the world. I want you to feel that this magazine is yours, not mine. In its pages you shall find inspiration for yourselves, and the word that shall heal your patients. Here you can come with questions on any point that is not clear, and be answered. Here you shall be represented. Write out your thoughts; if they are true to science, the best shall be given to the world to heal and help others.

This little book put into the hands of your patients and students, shall help you in your work of healing and teaching. Every page shall be filled with healing potency. This magazine is dedicated to pure science and the interest of the scientists. I am not egotistical when I speak so highly of my little book, for I do not expect to write much for it myself, but to give you the thought of teachers and workers well known to you, and also a place for your own words. I have given up my sweet home life, a life of ease and comfort sacrificed desire for travel and pleasure, to do this work, and I confidently expect the co-operation of every scientist in the land.

To Readers.

EMMA (CURTIS) HOPKINS.

It seems that the Scientists of the country need a publication which will represent their work satisfactorily.

Mrs. Ida A. Nichols has responded to the need, with the promise of a magazine which shall state things essential concerning the science and be without reproach of whim, caprice, or falsifying.

It is promised that the advertising rates shall be within reach of even the poorest of us.

A very judicious mode of handling written contributions will prove to many workers in the Science-field how much undeveloped talent there is among them and it is hoped that everybody practicing or teaching Science will try their hand at writing for this monthly.

For my own part I am most pleased with the purpose and underlying spirit which prompt the issuing of this little publication, and therefore for the present I have withdrawn from writing for the ably conducted older periodicals to help set this young candidate for favor quite on its feet.

Talks before the Association, reports of Sermons, Bible Lessons, answers to questions, and many a little paragraph will be written by myself to you, reader, every month, for the purpose of—

1st. Helping you into further light upon Christian Science.

Christian Science.

- 2d. Healing you of your sickness, pain and unhappiness.
- 3d. Awakening an interest in the practical workings of the Science.
- 4th. Urging you to work also, and
- 5th. Urging you to subscribe for the magazine.

To Ida Nichols:

Who ever heard the cry of too many leaves, too much foliage. So I thought last night when your letter came, and brought the news of the new magazine. Never too many leaves (thoughts) from the tree of life will be sent to the people. "And the leaves from the tree of life, shall be for the healing of the nations." Thank the Lord we have found the way of the tree of life.

You ask what I think of your new departure? I do not call it such. You know the city lieth four square (a symbol of perfectness) and there were twelve gates (roads) leading to the same city. You have always been traveling one of the roads, and, as you near the city, and find "its walls are salvation and its gates peace," you want to tell the good news to all people, hence manifest the thought on paper and send to the people in the magazine form. Blessed news, which shall be to all people, and who-soever will may come and find peace of mind, which being interpreted means health of body.

Glorious the future rising o'er us,
Blessed the era drawing nigh.

Lovingly yours, LUCY LINN.

No man is free who is not master of himself.
Epictetus, A. D. 90.

Sunday Services and Meetings:

IN CHICAGO.

Rev. Geo. B. Day preaches in the M. E. Church-Lecture room every Sunday at 3 p. m.

Dr. Joseph Adams holds services at Hooley's Theatre every Sunday at 10.45 a. m.

A Scientists' enquiry meeting is held every Saturday at 3 p. m. at Dr. Adams' office, McVickers bld'g.

The monthly meeting of the Hopkins Metaphysical Society will be held Tuesday, September 25th, at 3 p. m. at the office of Geo. E. Burnell, Room 723, Pullman Bld'g. The first hour of the meeting will be devoted to the answering of questions by Mrs Hopkins, according to Christian Science principles. All are invited.

Mrs. Ursula N. Gestefeld will inaugurate a series of "Inquiry meetings," to be held at her office—Room E. Central Music Hall—Monday evenings at 8 o'clock, beginning the first Monday in September. These meetings are open to all who have an interest in Christian Science above mere curiosity, and who wish an answer to their questions from the standpoint of the Science.

On Friday afternoon at 3 o'clock, at the same place, she will meet those who desire to study the life and teachings of Jesus of Nazareth as given in the Four Gospels.

IN KANSAS CITY.

Christian Science Ass'n meeting every Wednesday afternoon, in the rooms of the W. C. T. U. Rialto Bld'g.

Sunday services at Pythian Hall, conducted by Theo. Gestefeld.

Bible Class meets Friday P. M. at Mr. Gestefeld's residence, 1320 Broadway.